



Emotional Support Drives Engagement

Summary of Guo et al. (2025)

Excellent Educator, 3(5), 6, 2026

Academic Insights

This summary explains how teachers' emotional support strengthens student engagement by building academic self-efficacy and resilience. According to the researchers when students feel encouraged, understood, and supported, their confidence in handling academic tasks increases. Higher self-efficacy enables students to persist through challenges, while resilience helps them sustain effort during difficulty. These psychological factors together lead to stronger cognitive, emotional, and behavioral engagement in learning. Teacher care, positive feedback, and a supportive classroom climate therefore play a critical role in student motivation and performance. The findings suggest that effective teaching involves not only instructional strategies but also intentional attention to students' emotional learning needs.

Apply This Now

Teachers should provide consistent encouragement, constructive feedback, and recognition of student effort.

Add This in Your Lesson

Create a classroom environment where mistakes are treated as opportunities for learning and growth.

Avoid This Mistake

Avoid focusing only on content delivery while neglecting students' emotional needs.

Keywords

teacher support, student engagement, self-efficacy, resilience, classroom climate

Reference

Guo, W., Wang, J., Li, N., & Wang, L. (2025). Teacher emotional support and learning engagement. *Scientific Reports*, 15, 3670.

Suggested Citation

Excellent Educator. (2026). *Emotional Support Drives Engagement*. Excellent Educator, 3(5), p. 6.